

# HOSPITAL BAG CHECKLIST

- 1 PACK OF XL PRE-MOISTENED WIPES
- 5-6 DIAPERS
- AQUAPHOR HEALING OINTMENT
- 2 SIPPY CUPS
- SNACK POD WITH HANDLE
- BOTTLE OR PACIFIER STRAP
- PACIFIER WIPES OR MINI DISINFECTING SPRAY
- PEDIASURE / FORMULA
- PEDIALYTE POWDER SINGLE PACKETS
- EXTRA SNACKS
- LIGHT BLANKET
- EXTRA BIB
- EXTRA SET OF CLOTHES
- 1 SET OF ADAPTIVE CLOTHING
- CHANGING PAD OR INCONTINENCE BED LINER
- ROLL OF DISPOSAL BAGS (FOR DIAPER CHANGES)
- TOY BAG
- TABLET AND BLUETOOTH SPEAKER
- REUSABLE WATER BOTTLE

- OTC MEDICINE POUCH
- EXTRA G-TUBE/NG TUBE SUPPLIES
- YOUR CHILD'S SPECIFIC SIZE SUPPLIES
- SENSORY FIDGET ITEMS
- BOOK AND INTERACTIVE LAP ACTIVITY

## MINI FIRST AID

- BLOOD STOP SPRAY
- LIQUID BANDAGE
- ALCOHOL PADS
- GAUZE & WRAP
- BANDAIDS
- STYPTIC PENCIL

## HYGIENE POUCH

- NAIL CLIPPERS
- BATH WIPES
- HAIRBRUSH & TIES
- FACE WIPES
- HAND SANITIZER
- SALINE NOSE MIST

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## CAREGIVER ITEMS

### PARENT OVERNIGHT ITEMS

- SWEATER
- CASH-BILLS & QUARTERS
- E-READER / KINDLE
- IPAD / TABLET AND CHARGERS
- PHONE AND WATCH CHARGERS
- EXTENSION CORD / POWER STRIP
- CHANGE OF CLOTHES
- TRAVEL MOUTHWASH
- TRAVEL TOOTHPASTE
- SHOWER SHOES OR RUBBER FLIP FLOPS
- SMALL PILLOW OR NECK PILLOW
- SLEEP MASK
- COMPRESSION SOCKS
- MAGNETIC CUP HOOKS
- CARABINER CLIPS
- LAUNDRY PODS (FOR HOSPITAL WASHERS)
- PERSONAL PRESCRIPTION MEDICATIONS
- PILL CRUSHER
- ELECTRICAL TAPE ROLL
- DISINFECTING WIPES
- OVER-THE-RAIL BEDSIDE CADDY

### PARENT POUCH

- SINGLE-SERVE DRINK POWDER PACKETS
- SINGLE TEA BAGS
- SINGLE CELSIUS OR ALANI POWDER PACKETS
- PROTEIN BAR AND JERKY STICKS
- EARPHONES
- OTC MEDICINE POUCH: TUMS, TYLENOL, ETC.
- DEODORANT
- DRY SHAMPOO
- BODY WIPES
- FACE WIPES & MOISTURIZER
- BODY LOTION

### JUST IN CASE

- SCREWDRIVER AND EXTRA BATTERIES FOR TOYS
- CLIP-ON FAN
- SMALL FLASHLIGHT
- REUSABLE WATER BOTTLE / THERMOS
- PERMANENT MARKER
- STICKY NOTES AND PEN

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